We present our fourth workshop dedicated to snoring and sleep apnea (OSA).

Our course has two main objectives. On the one hand, to define the main diagnostic criteria of this disease, especially based on the DISE study as a diagnostic tool that can provide us with more information to assess which area of the upper airway is the cause of the mechanical obstruction in each case. Moreover, this course will thoroughly review the main surgical techniques that have developed to treat this pathology, and will discuss their current indications.

For this, the workshop will have a theoretical and practical approach. In addition to keynote lectures, there will be live surgery and dissection practices.

Major global experts in this field will attend this course, so it is a unique opportunity to learn directly from the masters.

Surgery courses from IFMEC are designed so the student acquire skills that can professionalize immediately. Our goal is that the experience not only have an impact in the curriculum but also in daily clinical practice.

REGISTRATION
847€ VAT included (700€ without VAT). Includes lectures, surgical videos, coffee breaks, lunch and social dinner on Friday.
1,815€ VAT included (1,500€ without VAT). Includes lectures, surgical videos, coffee breaks, lunch and social dinner on Friday. Dissection on cadaver on Saturday including all pharyngeal procedures under supervision, with 1 cadaver per student.

Bank Account BBVA ES79 0182 2082 17 0201553336
SWIFT BBVAESMM
Send the receipt via email (secretaria@ifmec.com) noting personal and professional data (Name, Surname, Hospital, mail). The reservation will be made upon receipt of bank transfer secretaria@ifmec.com

BOOKING CANCELLATION POLICY
In the case of cancellation of a booking, rates of return are:
Cancellations 60 days prior to course 100% of the registration fee will be refunded, excluding management fees that may be caused.
Cancellations between 60 and 30 calendar days prior to course 50% of the registration fee will be refunded, excluding management fees that may be caused.
Cancellations less than 30 calendar days in advance are not entitled to any refund.

GUEST FACULTY
Prof. K Pang, from Singapore
Prof. M Mantovani, from Italy
Dra. M Carrasco, from Spain
Prof. R Lugo, from Mexico

Learn from the masters
Master classes, cadaver dissection

IV WORKSHOP on OSAS
DISE AND PHARINGOPLASTY
February 9-11, 2017
Hotel Puerta América. Madrid, Spain

DIRECTORS:
Prof. Guillermo Plaza, Dr. Peter Baptista, Dr. Carlos O’Connor.

www.ifmec.com
Directors

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Guillermo Plaza. Director of ENT Department. Hospital Univ. de Fuenlabrada. Prof. of Otolaryngology, Universidad Rey Juan Carlos. Hospital Sanitas La Zarzuela. Madrid, Spain.

Faculty

Marina Carrasco. ENT Department. Hospital Dr. Peset. Valencia, Spain.
Carlos Cenjor Casas. Dentist. Madrid
César Colmenero. ENT and Maxilofacial surgery. Madrid
Miguel Angel Racionero. Neumologist. Hospital Univ. de Fuenlabrada.
Rodolfo Lugo. ENT Dept. Hospital Constitución. ISSSTE. Monterrey, Mexico.
Mario Mantovani. Fondazione IRCCS Ca’ Granda Ospedale Maggiore Policlinico, Department of Specialist Surgical Sciences, University of Milan, Italy

Preliminary Program

09/02/2016 Thursday afternoon
15:30 Registration
16:00 Introduction to snoring and OSAS. Plaza
16:20 Pathophysiology of snoring/OSAS. Baptista
16:40 Evolution and OSA: why do humans have such a huge OSA problem. Pang
17:00 Screening protocol to detect OSAS. O’Connor
17:20 PSG vs Poligraphy: lessons for the ENT Racionero
17:50 New Outcome Measures in OSA Pang

Coffee break
18:30 ENT role: identifying the sites of obstruction in OSAS. Baptista
18:50 The nose in OSAS: much more than a witness. Pang
19:10 Drug induced sleep endoscopy (DISE): how, when and why? Carrasco
19:30 Is dexmedetomidine a better drug for DISE? Lugo
19:50 Are the obstruction sites visualized on DISE reliable? Carrasco
20:20 Workshop on DISE: interactive discussion on 4 recorded cases

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Preliminary program

10/02/2016 Friday morning
08:40 Anatomical landmarks for OSAS surgery: our muscles as friends. O’Connor
09:00 Current surgical approach to adult OSAS: optimizing adherence to CPAP. Lugo
09:20 Minimal invasive procedures in snoring & OSAS. O’Connor
09:40 Optimizing CPAP: nasal surgery in OSAS. Plaza
10:00 CPAP vs Surgery - what works? Pang
10:20 Round Table: when is surgery needed? Before or after a CPAP trial?

Coffee break
11:30 Is there any current role for UPPP? Plaza (pro) vs Carrasco (con)
11:50 Anterior palatoplasty. Pang
12:10 Lateral pharyngoplasty (LP). O’Connor
12:30 Expansion sphincter pharyngoplasty (ESP). Pang
12:50 Barbed snore surgery (BSS): Mantovani
-A new philosophy in sleep apnea surgery
-BSS indications: from Anatomy and DISE to a customized surgery
-BSS: results, tips and tricks, new ideas.
13:20 Barbed reposition pharyngoplasty (BRP). Carrasco
14:00 Round Table: should we use all techniques or choose one for all?

Lunch 15:00-16:00

10/02/2016 Friday afternoon
16:00 Peri-operative Monitoring in OSA surgery Pang
16:20 Selecting hypopharyngeal surgery in OSAS. Lugo
16:40 Hyoid bone suspension. Plaza
16:50 Lingual tonsillectomy without a robot Carrasco
17:10 Tongue base coblation and radiofrequency. Lugo
17:30 Oral appliances in OSAS. Cenjor-Casas
17:50 Bimax advance Colmenero

Coffee break
18:40 CPAP: indications and results Racionero
19:00 Complications after OSAS treatment Plaza
19:20 Transoral robotic tongue base reduction and supraglottoplasty. Baptista
19:40 Multilevel surgery in OSAS. Pang
20:00 Functional treatment of OSAS with neurostimulation. Baptista
20:30 Final remarks: future in OSAS surgery. Pang

21:30 Gala dinner (same hotel)

11/02/2016 Saturday morning
08:30-14:30
Hands on Training on: Tongue, Palatal & Pharyngeal procedures through cadaveric dissection

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